

#GenerationHeroes

PRACTICAL FIRST AID

The Practical First Aid course provided by the Irish Red Cross provides education and training on all basic first aid scenarios to prepare you for the most common first aid emergencies. In a modern learning environment you will be taught the theory of these first aid emergencies before being shown practical and hands-on treatment of various medical conditions and injuries. These vary in severity from small bumps and cuts to the most serious life-threatening conditions. The final result we strive to achieve is a confident and certified young first-aider with the ability to help those in need during an emergency without risking injury to him or herself.

IRISH RED CROSS YOUTH

Our primary focus during your initial term with us will be the successful completion of the Practical First Aid Course however as you progress you will be open to various opportunities within the vast network across the Irish Red Cross and International Red Cross and Red Crescent societies. You will start as a Cadet and progress through the organization gaining experience, confidence and new friends as you go.

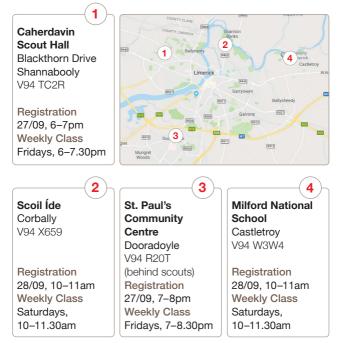
COST

€50..... Practical First Aid Course Fee minimum age of 14 years old maximum age of 16 years old

ADULT RECRUITMENT

We are also recruiting adults at the moment and will be hosting an information night at Thomond Park Stadium at 19:30 on Thursday September 19th.

LOCATIONS, REGISTRATION & TIMES



Registration is not a class and is only as long in duration as it takes to fill out and process the paperwork. The first class of the course starts the following weekend, either the 4th or the 5th of October. One parent or guardian must be in attendance for registration. For registration the most important things to bring are the course fee, a parent/gaurdian and yourself. Cash only accepted on the day.

CONTACT

For more information and queries please call our Limerick Area Office, Unit 3 Ashbourne Business Park, Dock Road, Limerick from 9am to 1pm on **087 840 0400**

youth@limerickredcross.org www.limerickredcross.org www.redcross.ie

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