

# #GenerationHeroes

## **PRACTICAL FIRST AID**

The Practical First Aid course provided by the Irish Red Cross provides education and training on all basic first aid scenarios to prepare you for the most common first aid emergencies. In a modern learning environment you will be taught the theory of these first aid emergencies before being shown practical and hands-on treatment of various medical conditions and injuries. These vary in severity from small bumps and cuts to the most serious life-threatening conditions. The final result we strive to achieve is a confident and certified young first-aider with the ability to help those in need during an emergency without risking injury to him or herself.

## **IRISH RED CROSS YOUTH**

Our primary focus during your initial term with us will be the successful completion of the Practical First Aid Course however as you progress you will be open to various opportunities within the vast network across the Irish Red Cross and International Red Cross and Red Crescent societies. You will start as a Cadet and progress through the organization gaining experience, confidence and new friends as you go.

## **COST**

€40

Practical First Aid Course Fee  
minimum age of 14 years old  
maximum age of 16 years old

## **ADULT RECRUITMENT**

We are also recruiting adults at the moment and will be hosting an information night in the Desmond Suite of Thomond Park at 19:30 on Thursday September 13th.

## LOCATIONS, REGISTRATION & TIMES

1

**Caherdavin Scout Hall**  
Blackthorn Drive  
Shannabooly  
V94 TC2R

**Registration**  
28/09, 6–7pm  
**Weekly Class**  
Fridays, 6–7.30pm



2

**Redemptorist Church**  
Mount St.  
Alphonsus,  
South Circular Rd  
V94 F867

**Registration**  
29/09, 1–2pm  
**Weekly Class**  
Saturdays,  
1–2.30pm

4

**St. Paul's Primary School**  
Dooradoyle  
V94 Y62V

**Registration**  
29/09, 10–11am  
**Weekly Class**  
Saturdays,  
10–11.30am

5

**Milford National School**  
Castletroy  
V94 W3W4

**Registration**  
29/09, 1–2.30pm  
**Weekly Class**  
Saturdays,  
1–2.30pm

3

**Scoil Íde**  
Corbally  
V94 X659

**Registration**  
29/09, 11–12pm  
**Weekly Class**  
Saturdays,  
11–12.30pm

Registration is not a class and is only as long in duration as it takes to fill out and process the paperwork. The first class of the course starts the following weekend, either the 5<sup>th</sup> or the 6<sup>th</sup> of September. One parent or guardian must be in attendance for registration. For registration the most important things to bring are the course fee, a parent/guardian and yourself.

## CONTACT

For more information and queries please call our Limerick Area Office, Unit 3 Ashbourne Business Park, Dock Road, Limerick from 9am to 1pm on **087 840 0400**

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