

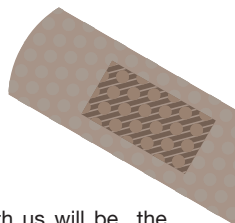


**Irish Red Cross**  
**Limerick Area**

## **PRACTICAL FIRST AID**

The Practical First Aid course provided by the Irish Red Cross provides education and training on all basic first aid scenarios to prepare you for the most common first aid emergencies. In a modern learning environment you will be taught the theory of these first aid emergencies before being shown practical and hands-on treatment of various medical conditions. These vary in severity from small bumps and cuts to the most serious life-threatening conditions. The final result we strive to achieve is a confident and certified young first-aider with the ability to help those in need during an emergency without risking injury to him or herself. The two Cadet groups we are recruiting for are listed below. Please note that places are limited and accepted on a first come first served basis.

Junior Cadets	14–16 years old
Senior Cadets	17–18 years old



## **IRISH RED CROSS YOUTH**

Our primary focus during your initial term with us will be the successful completion of the Practical First Aid Course however as a member of the Irish Red Cross Youth you will be open to various opportunities within the vast network across the Irish Red Cross and International Red Cross and Red Crescent societies. You will start your membership as a Cadet and progress through the organization gaining experience, confidence and new friends as you go.

## **COST**

€35	including 1 year youth membership minimum age of 14 years old maximum age of 18 years old
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## **REGISTRATION**

For registration in all cases one parent/guardian must be in attendance. Please bring the following:

Course Fee                      Membership Form\*                      2 Passport Photos

\*available from [redcross.ie/resources](http://redcross.ie/resources) and on the day also

Registration times are listed by location overleaf.



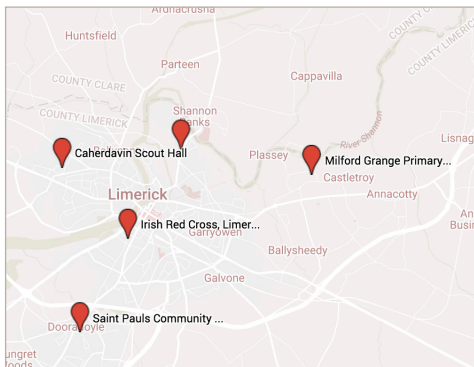
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## LOCATIONS & REGISTRATION TIMES

**Caherdavin Scout Hall**  
Blackthorn Drive  
Shannabooly  
V94 TC2R  
**Registration**  
23/09, 6–7pm  
**Weekly Class**  
Fridays: 6–7.30pm

**Irish Red Cross Limerick**  
58 Henry Street  
V94 TN80  
**Registration**  
24/09, 2–3pm  
**Weekly Class**  
Saturdays:  
2–3.30pm

**Scoil Íde**  
Corbally  
V94 X659  
**Registration**  
24/09, 11–12pm  
**Weekly Class**  
Saturdays:  
11–12.30pm



**St.Pauls Community Centre**  
Dooradoyle  
V94 Y62V  
**Registration**  
24/09, 10–11am  
**Weekly Class**  
Saturdays:  
10–11.30am

**Milford National School**  
Castletroy  
V94 W3W4  
**Registration**  
24/09, 10–11am  
**Weekly Class**  
Saturdays:  
10–11.30am

All above locations are Junior Cadet (14–16 years old) locations. The Senior Cadet (17–18 years old) Unit takes place at our Limerick training centre, 58 Henry St. Registration for this unit takes place on 24/09 from 3.30–5pm.

## CONTACT

For more information and queries please call our Limerick office, 58 Henry St from 9am to 1pm on **061 468 417**

info@[limerickredcross.org](mailto:info@limerickredcross.org)  
[www.limerickredcross.org](http://www.limerickredcross.org)  
[www.redcross.ie](http://www.redcross.ie)

**#GenerationHereos**